Your Path Home











Welcome!



Your Path at our facility
is a path to health and home.
You will Recover, Renew, Revitalize,
Refocus and Refresh along the way with
our individualized plan to get you home.

Your Path Guides will serve you with humanity, integrity, generosity, and caring as you travel along the healing path home.







THERAPY

Recover

By concentrating on your recovery path, the rehabilitation department will help to improve your quality of life and regain a sense of strength and control over your physical condition.



MEDICATION MANAGEMENT Revitalize

Taking the right medications and supplements at the right time makes all the difference on your path to revitalization and recovery. Pharmacy teams will manage your medications by maximizing the benefits, limiting side effects, and identifying any possible pharmaceutical interactions. Once you return home, you may continue to use the same medication management system in the comfort of your own home with in-home delivery.



NUTRITION

Renew

Proper nutrition plays an important role in your path to recovery. Healthy eating can control and prevent a variety of diseases. This is particularly true for people who have been diagnosed with diabetes, obesity, high cholesterol, heart disease, gastrointestinal problems and high blood pressure. The nutritional path offers you a healthy and tasty culinary experience. Working closely with your physicians, expert dietitians enhance your well-being.



E D U C A T I O N

Refocus

As we prepare you to go home, our focus is on keeping you home through wellness and prevention. Licensed therapists teach you exercises you can do at home, manage your own medications and make healthier food choices, guiding you and your family members to help ensure that routine tasks are less challenging when you return home. Our mission is your wellness and quality of life in your own home.



AMENITIES

Get more than rest and recovery from your stay with us.

Our short-stay rehab facility gives you the freedom to choose your own style of relaxation. Visit with guests. Listen to music or check your email. Eat in your room or dine in the bistro. It's your path to recovery, and you will find we have everything you need for a wellness experience. It will be "just what the doctor ordered." Here are some amenities we offer for the perfect path to recovery:

- Private Suites & Semi-Private Suites In-Room Dining
- Concierge/Guest Services
- In-Room Movies
- Wi-Fi

- Meals for Visitors
- Mini Fridge
- Spa Services



To Begin Your Path Home

Federal and/or state regulations require that we collect the documentation listed below. The patient's doctor or the hospital from which he or she will be discharged typically provide this information. Our Admissions and Social Services Director is available to answer questions and to help prospective patients and healthcare providers through this process.

- Chest X-Ray
- TB Skin Test
- Physician's Orders
- History & Physical
- Certification Sheet *

Payment Options

We accept private payment, most health insurance, Medicare, TennCare, Medicaid and Veterans Administration (VA) insurance and will directly bill these providers on the patient's behalf. Our Business Office Director is available to answer questions regarding payment options.











We do not discriminate against any person on the basis of race, color, national origin, disability, or age in admission, treatment or participation in this program, services and activities, or in employment. For further information about this policy, contact

^{*}Only patients entering our facility under the Medicare program are required to provide a Certification Sheet.

Business Card